

## Nutrients per g Protein Equivalent

DISORDER	Glutaric Aciduria Type I, Ketoacidic Aciduria		Homocystinuria (Vitamin B <sub>6</sub> -Nonresponsive)		Isovaleric Acidemia†		Maple Syrup Urine Disease, β-Ketothiolase Deficiency		Phenylketonuria, Hyperphenylalaninemia			DISORDER	Propionic Acidemia and Methylmalonic Acidemia		Tyrosinemia Types Ia, Ib, II, III		Urea Cycle Disorders‡		Diet Modules		Hypercalcemia	
	Glutaredox®-1 #51140	Glutaredox®-2 #51142	Hominex®-1 #51116	Hominex®-2 #51118	I-Valex®-1 #51136	I-Valex®-2 #51138	Ketonex®-1 #51112	Ketonex®-2 #51114	Phenex™-1 #51120	Phenex™-2 (Unflavored) #51122	Phenex™-2 (Vanilla) #55755		Propimex®-1 #51132	Propimex®-2 #51134	Tyrex®-1 #51128	Tyrex®-2 #51126	Cyclinex®-1 #51144	Cyclinex®-2 #51146	ProVIMin® #50260	RCF®** #00108		Calcilo XD® #00378
ENERGY, Cal	32.0	13.7	32.0	13.7	32.0	13.7	32.0	13.7	32.0	13.7	13.7	32	13.7	32	13.7	68	29.3	4.27	20.3	45		
WEIGHT, g	6.7	3.33	6.7	3.33	6.7	3.33	6.7	3.33	6.7	3.33	3.33	6.7	3.33	6.7	3.33	13.3	6.7	1.37	25.2	8.77		
PROTEIN EQUIV, g	1.0	1.00	1.0	1.00	1.0	1.00	1.0	1.00	1.0	1.00	1.00	1.0	1.00	1.0	1.00	1.0	1.00	1.0	1.0	1.0		
Source	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	Source	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	Casein, L-Amino Acids	Soy Protein Isolate, L-Methionine	Whey Protein Concentrate, Sodium Caseinate
Amino Acids, g												Amino Acids, g										
Carnitine	0.060	0.060	0.0013	0.0013	0.060	0.060	0.0067	0.0067	0.0013	0.0013	0.0013	Carnitine	0.060	0.060	0.0013	0.0013	0.025	0.025	0.001	0.001	0.001	
Cystine	0.010	0.010	0.030	0.030	0.010	0.010	0.010	0.010	0.010	0.010	0.010	Cystine	0.030	0.030	0.010	0.010	0.040	0.040	0.006	0.013	0.018	
Histidine	0.028	0.028	0.028	0.028	0.028	0.028	0.028	0.028	0.028	0.028	0.028	Histidine	0.028	0.028	0.028	0.028	0.048	0.048	0.027	0.026	0.023	
Isoleucine	0.072	0.072	0.072	0.072	0.028	0.028	0	0	0.072	0.072	0.072	Isoleucine	0.008	0.008	0.072	0.072	0.170	0.170	0.047	0.045	0.058	
Leucine	0.112	0.112	0.112	0.112	0	0	0	0	0.112	0.112	0.112	Leucine	0.092	0.092	0.112	0.112	0.289	0.289	0.090	0.080	0.107	
Lysine	0	0	0.067	0.067	0.067	0.067	0.067	0.067	0.067	0.067	0.067	Lysine	0.067	0.067	0.067	0.067	0.148	0.148	0.079	0.062	0.086	
Methionine	0.020	0.020	0	0	0.020	0.020	0.020	0.020	0.020	0.020	0.020	Methionine	0	0	0.020	0.020	0.045	0.045	0.030	0.022	0.024	
Phenylalanine	0.059	0.059	0.059	0.059	0.059	0.059	0.059	0.059	0	0	0	Phenylalanine	0.059	0.059	0	0	0.100	0.100	0.050	0.052	0.040	
Taurine	0.003	0.002	0.003	0.002	0.003	0.002	0.003	0.002	0.003	0.002	0.002	Taurine	0.003	0.002	0.003	0.002	0.005	0.004	0.002	0.003	0.003	
Threonine	0.047	0.047	0.047	0.047	0.047	0.047	0.047	0.047	0.047	0.047	0.047	Threonine	0.007	0.007	0.047	0.047	0.100	0.100	0.043	0.040	0.061	
Tryptophan	0	0	0.011	0.011	0.011	0.011	0.011	0.011	0.011	0.011	0.011	Tryptophan	0.011	0.011	0.011	0.011	0.037	0.037	0.014	0.015	0.016	
Tyrosine	0.059	0.059	0.059	0.059	0.059	0.059	0.059	0.059	0.100	0.100	0.100	Tyrosine	0.059	0.059	0	0	0.117	0.117	0.057	0.038	0.039	
Valine	0.081	0.081	0.081	0.081	0.032	0.032	0	0	0.081	0.081	0.081	Valine	0	0	0.081	0.081	0.190	0.190	0.058	0.043	0.061	
FAT, g	1.45	0.43	1.45	0.47	1.45	0.43	1.45	0.47	1.45	0.47	0.45	FAT, g	1.45	0.43	1.45	0.47	3.28	1.13	0.02	1.8	2.52	
Source	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	Source	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	Coconut Oil	High-Oleic Safflower Oil, Soy Oil, Coconut Oil	Coconut Oil, Corn Oil	
Linoleic Acid, mg	133	50	133	50	133	50	133	50	133	50	50	Linoleic Acid, mg	133	50	133	50	266	121	Trace	202	580	
CARBOHYDRATE, g	3.53	1.17	3.53	0.17	3.53	1.17	3.53	1.17	3.53	1.17	1.20	CARBOHYDRATE, g	3.53	1.17	3.09	1.17	6.93	3.00	0.03	0.002	4.59	
Source	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Source	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	NA	NA	Corn Syrup	
MINERALS												MINERALS										
Calcium, mg	38	29	38	29	38	29	38	29	38	29	29	Calcium, mg	38	29	38	29	86	77	33	35	< 4.39	
Phosphorus, mg	27	25	27	25	27	25	27	25	27	25	25	Phosphorus, mg	27	25	27	25	60	68	23	25	11	
Magnesium, mg	3.33	7.5	3.33	7.5	3.33	7.5	3.33	7.5	3.33	7.5	7.5	Magnesium, mg	3.33	7.5	3.33	7.5	7.3	20	2.7	2.5	2.7	
Iron, mg	0.60	0.43	0.60	0.43	0.60	0.43	0.60	0.43	0.60	0.43	0.43	Iron, mg	0.60	0.43	0.60	0.43	1.33	1.13	0.55	0.61	0.81	
Zinc, mg	0.53	0.43	0.53	0.43	0.53	0.43	0.53	0.43	0.53	0.43	0.43	Zinc, mg	0.53	0.43	0.53	0.43	1.2	1.13	0.23	0.25	0.33	
Manganese, mg	0.033	0.03	0.033	0.03	0.033	0.03	0.033	0.03	0.033	0.03	0.03	Manganese, mg	0.033	0.03	0.033	0.03	0.067	0.07	0.003	0.01	0.002	
Copper, mg	0.073	0.03	0.073	0.03	0.073	0.03	0.073	0.03	0.073	0.03	0.03	Copper, mg	0.073	0.03	0.073	0.03	0.17	0.09	0.03	0.01	0.04	
Iodine, mcg	4.33	3.3	4.33	3.3	4.33	3.3	4.33	3.3	4.33	3.3	3.3	Iodine, mcg	4.33	3.3	4.33	3.3	10.7	10	4.59	5.1	2.72	
Selenium, mcg	1.33	1.17	1.33	1.17	1.33	1.17	1.33	1.17	1.33	1.17	1.17	Selenium, mcg	1.33	1.17	1.33	1.17	3.33	2.47	0.96	0.6	1.0	
Chromium, mcg	0.73	0.90	0.73	0.90	0.73	0.90	0.73	0.90	0.73	0.90	0.90	Chromium, mcg	0.73	0.90	0.73	0.90	1.60	2.47	NA	NA	NA	
Molybdenum, mcg	0.80	1.00	0.80	1.00	0.80	1.00	0.80	1.00	0.80	1.00	1.00	Molybdenum, mcg	0.80	1.00	0.80	1.00	1.73	2.67	NA	NA	NA	
Sodium, mg (mEq)	12.7 (0.55)	29.3 (1.28)	12.7 (0.55)	29.3 (1.28)	12.7 (0.55)	29.3 (1.28)	12.7 (0.55)	29.3 (1.28)	12.7 (0.55)	29.3 (1.28)	29.3 (1.28)	Sodium, mg (mEq)	12.7 (0.55)	29.3 (1.28)	12.7 (0.55)	29.3 (1.28)	28.6 (1.24)	78.3 (3.41)	16.4 (0.71)	14.8 (0.64)	9.5 (0.41)	
Potassium, mg (mEq)	45.0 (1.15)	45.7 (1.17)	45.0 (1.15)	45.7 (1.17)	45.0 (1.15)	45.7 (1.17)	45.0 (1.15)	45.7 (1.17)	45.0 (1.15)	45.7 (1.17)	45.7 (1.17)	Potassium, mg (mEq)	45.0 (1.15)	45.7 (1.17)	45.0 (1.15)	45.7 (1.17)	101 (2.58)	120 (3.07)	45.2 (1.16)	36.5 (0.93)	36.8 (0.94)	
Chloride, mg (mEq)	21.7 (0.61)	31.33 (0.88)	27.3 (0.77)	38.7 (1.09)	21.7 (0.61)	31.33 (0.88)	21.7 (0.61)	31.33 (0.88)	21.7 (0.61)	31.33 (0.88)	31.33 (0.88)	Chloride, mg (mEq)	27.3 (0.77)	38.7 (1.09)	21.7 (0.61)	31.3 (0.88)	52 (1.47)	88.3 (2.49)	31.5 (0.89)	20.7 (0.59)	25.6 (0.72)	
VITAMINS												VITAMINS										
Vitamin A, IU (mcg RE)	93.3 (28)	73.3 (22)	93.3 (28)	73.3 (22)	93.3 (28)	73.3 (22)	93.3 (28)	73.3 (22)	93.3 (28)	73.3 (22)	73.3 (22)	Vitamin A, IU (mcg RE)	93.3 (28)	73.3 (22)	93.3 (28)	73.3 (22)	213	202 (61)	92.3 (27.7)	101 (30.3)	135.1 (40.5)	
Vitamin D, IU (mcg)	20 (0.5)	10 (0.25)	20 (0.5)	10 (0.25)	20 (0.5)	10 (0.25)	20 (0.5)	10 (0.25)	20 (0.5)	10 (0.25)	10 (0.25)	Vitamin D, IU (mcg)	20 (0.5)	10 (0.25)	20 (0.5)	10 (0.25)	40	21.7 (0.54)	13.7 (0.34)	20 (0.51)	0	
Vitamin E, IU (mg α-TE)	1 (0.67)	0.60 (0.40)	1 (0.67)	0.60 (0.40)	1 (0.67)	0.60 (0.40)	1 (0.67)	0.60 (0.40)	1 (0.67)	0.60 (0.40)	0.60 (0.40)	Vitamin E, IU (mg α-TE)	1 (0.67)	0.60 (0.40)	1 (0.67)	0.60 (0.40)	2.2	1.6 (1.1)	0.92 (0.62)	0.5 (0.37)	1.12 (0.75)	
Vitamin K, mcg	3.33	2.00	3.33	2.00	3.33	2.00	3.33	2.00	3.33	2.00	2.00	Vitamin K, mcg	3.33	2.00	3.33	2.00	8.00	4.67	1.23	3.75	3.6	
Thiamine (Vit. B <sub>1</sub> ), mg	0.127	0.11	0.127	0.11	0.127	0.11	0.127	0.11	0.127	0.11	0.11	Thiamine (Vit. B <sub>1</sub> ), mg	0.127	0.11	0.127	0.11	0.27	0.27	0.031	0.02	0.04	
Riboflavin (Vit. B <sub>2</sub> ), mg	0.060	0.06	0.060	0.06	0.060	0.06	0.060	0.06	0.060	0.06	0.06	Riboflavin (Vit. B <sub>2</sub> ), mg	0.060	0.06	0.060	0.06	0.13	0.16	0.028	0.03	0.07	
Vitamin B <sub>6</sub> , mg	0.050	0.04	0.050	0.04	0.050	0.04	0.050	0.04	0.050	0.04	0.04	Vitamin B <sub>6</sub> , mg	0.050	0.04	0.050	0.04	0.11	0.12	0.018	0.02	0.03	
Vitamin B <sub>12</sub> , mcg	0.33	0.17	0.33	0.17	0.33	0.17	0.33	0.17	0.33	0.17	0.17	Vitamin B <sub>12</sub> , mcg	0.33	0.17	0.33	0.17	0.74	0.49	0.076	0.15	0.11	
Niacin, mg (mg NE)	0.67 (0.67)	0.53 (0.53)	0.67 (0.67)	0.53 (0.53)	0.67 (0.67)	0.53 (0.53)	0.67 (0.67)	0.53 (0.53)	0.67 (0.67)	0.53 (0.53)	0.53 (0.53)	Niacin, mg (mg NE)	0.67 (0.67)	0.53 (0.53)	0.67 (0.67)	0.53 (0.53)	1.60 (2.22)	1.40 (2.02)	0.33 (0.55)	0.45 (0.70)	0.47 (0.74)	
Folic Acid (Folacin), mcg	15	14.33	15	15	15	14.33	15	15	15	15	15	Folic Acid (Folacin), mcg	15	14.33								

# Nutrients per 100 g Powder

# The Ross Metabolic Formula System

## For Infants and Toddlers

Amino Acid-Modified Medical Foods With Iron

**Cyclinex®-1** (#51144)

**Glutarex®-1** (#51140)

**Hominex®-1** (#51116)

**I-Valex®-1** (#51136)

**Ketonex®-1** (#51112)

**Phenex™-1** (#51120)

**Propimex®-1** (#51132)

**Tyrex®-1** (#51128)

## Also for Infants and Toddlers

**Calcilo XD®** Low-Calcium/Vitamin D-Free

Infant Formula With Iron (#00378)

**Pro-Phree®** Protein-Free Energy Module With Iron,

Vitamins & Minerals (#51148)

**ProViMin®** Protein-Vitamin-Mineral Formula

Component With Iron (#50260)

**RCF®** Ross Carbohydrate Free

Soy Formula Base With Iron (#00108)

## For Children and Adults

Amino Acid-Modified Medical Foods

**Cyclinex®-2** (#51146)

**Glutarex®-2** (#51142)

**Hominex®-2** (#51118)

**I-Valex®-2** (#51138)

**Ketonex®-2** (#51114)

**Phenex™-2 Unflavored** (#51122)

**Phenex™-2 Vanilla-flavored** (#55755)

**Propimex®-2** (#51134)

**Tyrex®-2** (#51126)

*Health care professionals and institutions may order products in the Ross Metabolic Formula System by calling 1-800-551-5838. Please use the stock code number in parentheses when ordering.*

*Patients can buy medical foods by the case directly from Ross Products Division by calling 1-800-FORMULA (367-6852).*

DISORDER	Glutaric Aciduria Type I, Ketoacidic Aciduria		Homocystinuria (Vitamin B <sub>6</sub> -Nonresponsive)		Isovaleric Acidemia†		Maple Syrup Urine Disease, β-Ketothiolase Deficiency		Phenylketonuria, Hyperphenylalaninemia			DISORDER	Propionic Acidemia and Methylmalonic Acidemia		Tyrosinemia Types Ia, Ib, II, III		Urea Cycle Disorders‡		Diet Modules			Hypercalcemia
	Glutarex®-1 #51140	Glutarex®-2 #51142	Hominex®-1 #51116	Hominex®-2 #51118	I-Valex®-1 #51136	I-Valex®-2 #51138	Ketonex®-1 #51112	Ketonex®-2 #51114	Phenex™-1 #51120	Phenex™-2 (Unflavored) #51122	Phenex™-2 (Vanilla) #55755		Propimex®-1 #51132	Propimex®-2 #51134	Tyrex®-1 #51128	Tyrex®-2 #51126	Cyclinex®-1 #51144	Cyclinex®-2 #51146	Pro-Phree® #51148	ProViMin® #50260	RCF®** #00108	
ENERGY, Cal	480	410	480	410	480	410	480	410	480	410	410	480	410	480	410	510	440	510	312	81	513	
WEIGHT, g	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	101	100	
PROTEIN EQUIV, g	15.0	30.0	15.0	30.0	15.0	30.0	15.0	30.0	15.0	30.0	30.0	15.0	30.0	15.0	30.0	7.50	15.0	Trace	73.0	4.0	11.4	
Source	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	Source	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	L-Amino Acids	Casein, L-Amino Acids	Soy Protein Isolate, L-Methionine	Whey Protein Concentrate, Sodium Caseinate	
Amino Acids, g												Amino Acids, g										
Carnitine	0.900	1.80	0.020	0.04	0.900	1.80	0.100	0.20	0.020	0.04	0.04	Carnitine	0.900	1.80	0.020	0.04	0.190	0.37	0.025	0.04	0.003	0.007
Cystine	0.150	0.30	0.450	0.90	0.150	0.30	0.150	0.30	0.150	0.30	0.30	Cystine	0.450	0.90	0.150	0.30	0.300	0.60	NA	0.41	0.05	0.21
Histidine	0.420	0.84	0.420	0.84	0.420	0.84	0.420	0.84	0.420	0.84	0.84	Histidine	0.420	0.84	0.420	0.84	0.360	0.72	NA	1.95	0.10	0.26
Isoleucine	1.080	2.16	1.080	2.16	0.430	0.86	Trace	Trace	1.080	2.16	2.16	Isoleucine	0.120	0.24	1.080	2.16	1.280	2.56	NA	3.40	0.18	0.66
Leucine	1.680	3.36	1.680	3.36	Trace	Trace	Trace	Trace	1.680	3.36	3.36	Leucine	1.380	2.76	1.680	3.36	2.170	4.34	NA	6.75	0.32	1.22
Lysine	Trace	Trace	1.000	2.00	1.000	2.00	1.000	2.00	1.000	2.00	2.00	Lysine	1.000	2.00	1.000	2.00	1.110	2.22	NA	5.76	0.25	0.98
Methionine	0.300	0.60	Trace	Trace	0.300	0.60	0.300	0.60	0.300	0.60	0.60	Methionine	Trace	Trace	0.300	0.60	0.340	0.68	NA	2.20	0.09	0.27
Phenylalanine	0.880	1.76	0.880	1.76	0.880	1.76	0.880	1.76	Trace	Trace	Trace	Phenylalanine	0.880	1.76	Trace	Trace	0.750	1.50	NA	3.63	0.21	0.46
Taurine	0.040	0.05	0.040	0.05	0.040	0.05	0.040	0.05	0.040	0.05	0.05	Taurine	0.040	0.05	0.040	0.05	0.040	0.06	0.050	0.11	0.012	0.035
Threonine	0.700	1.40	0.700	1.40	0.700	1.40	0.700	1.40	0.700	1.40	1.40	Threonine	0.100	0.20	0.700	1.40	0.750	1.50	NA	3.13	0.16	0.70
Tryptophan	Trace	Trace	0.170	0.34	0.170	0.34	0.170	0.34	0.170	0.34	0.34	Tryptophan	0.170	0.34	0.170	0.34	0.280	0.56	NA	1.00	0.07	0.18
Tyrosine	0.890	1.78	0.890	1.78	0.890	1.78	0.890	1.78	1.500	3.00	3.00	Tyrosine	0.890	1.78	Trace	Trace	0.880	1.76	NA	4.15	0.15	0.44
Valine	1.220	2.44	1.220	2.44	0.480	0.96	Trace	Trace	1.220	2.44	2.44	Valine	Trace	Trace	1.220	2.44	1.430	2.86	NA	4.25	0.17	0.70
FAT, g	21.7	13.0	21.7	14.0	21.7	13.0	21.7	14.0	21.7	14.0	13.5	FAT, g	21.7	13.0	21.7	14.0	24.6	17.0	28.0	1.4	7.2	28.7
Source	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	Source	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	High-Oleic Safflower Oil, Coconut Oil, Soy Oil	Coconut Oil	High-Oleic Safflower Oil, Soy Oil, Coconut Oil	Coconut Oil, Corn Oil
Linoleic Acid, g	2.00	1.50	2.00	1.50	2.00	1.50	2.00	1.50	2.00	1.50	1.50	Linoleic Acid, g	2.00	1.50	2.00	1.50	2.00	1.82	2.70	Trace	0.81	6.66
CARBOHYDRATE, g	53.0	35.0	53.0	35.0	53.0	35.0	53.0	35.0	53.0	35.0	36.0	CARBOHYDRATE, g	53.0	35.0	53.0	35.0	57.0	45.0	65.0	2.0	0.008	52.3
Source	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Source	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	Corn Syrup Solids	NA	NA	Corn Syrup
MINERALS												MINERALS										
Calcium, mg	575	880	575	880	575	880	575	880	575	880	880	Calcium, mg	575	880	575	880	650	1150	750	2400	140	< 50
Phosphorus, mg	400	760	400	760	400	760	400	760	400	760	760	Phosphorus, mg	400	760	400	760	455	1020	525	1700	100	128
Magnesium, mg	50	225	50	225	50	225	50	225	50	225	225	Magnesium, mg	50	225	50	225	55	300	70	200	10.0	31
Iron, mg	9	13	9	13	9	13	9	13	9	13	13	Iron, mg	9	13	9	13	10	17	11.9	40	2.43	9.2
Zinc, mg	8	13	8	13	8	13	8	13	8	13	13	Zinc, mg	8	13	8	13	9.5	17	11	17	1.0	3.8
Manganese, mg	0.50	0.80	0.50	0.80	0.50	0.80	0.50	0.80	0.50	0.80	0.80	Manganese, mg	0.50	0.80	0.50	0.80	0.50	1.00	0.70	0.20	0.04	0.026
Copper, mg	1.10	1.00	1.10	1.00	1.10	1.00	1.10	1.00	1.10	1.00	1.00	Copper, mg	1.10	1.00	1.10	1.00	1.25	1.30	1.45	2.10	0.10	0.46
Iodine, mcg	65	100	65	100	65	100	65	100	65	100	100	Iodine, mcg	65	100	65	100	80	150	80	335	20.3	31
Selenium, mcg	20	35	20	35	20	35	20	35	20	35	35	Selenium, mcg	20	35	20	35	25	37	30	63	2.4	Added
Chromium, mcg	11	27	11	27	11	27	11	27	11	27	27	Chromium, mcg	11	27	11	27	12	37	14	NA	NA	NA
Molybdenum, mcg	12	30	12	30	12	30	12	30	12	30	30	Molybdenum, mcg	12	30	12	30	13	40	15	NA	NA	NA
Sodium, mg (mEq)	190 (8.26)	880 (38.28)	190 (8.26)	880 (38.28)	190 (8.26)	880 (38.28)	190 (8.26)	880 (38.28)	190 (8.26)	880 (38.28)	880 (38.28)	Sodium, mg (mEq)	190 (8.26)	880 (38.28)	190 (8.26)	880 (38.28)	215 (9.35)	1175 (51.11)	250 (10.87)	1200 (52)	59.1 (2.57)	125 (5.4)
Potassium, mg (mEq)	675 (17.26)	1370 (35.04)	675 (17.26)	1370 (35.04)	675 (17.26)	1370 (35.04)	675 (17.26)	1370 (35.04)	675 (17.26)	1370 (35.04)	1370 (35.04)	Potassium, mg (mEq)	675 (17.26)	1370 (35.04)	675 (17.26)	1370 (35.04)	760 (19.44)	1800 (46.03)	875 (22.38)	3300 (84)	146 (3.73)	420 (10.7)
Chloride, mg (mEq)	325 (9.17)	940 (26.51)	410 (11.56)	1160 (32.72)	325 (9.17)	940 (26.51)	325 (9.17)	940 (26.51)	325 (9.17)	940 (26.51)	940 (26.51)	Chloride, mg (mEq)	410 (11.56)	1160 (32.72)	325 (9.17)	940 (26.51)	390 (11.0)	1325 (37.37)	350 (9.87)	2300 (65)	83 (2.34)	292 (8.2)
VITAMINS												VITAMINS										
Vitamin A, IU (mcg RE)	1400 (420)	2200 (660)	1400 (420)	2200 (660)	1400 (420)	2200 (660)	1400 (420)	2200 (660)	1400 (420)	2200 (660)	2200 (660)	Vitamin A, IU (mcg RE)	1400 (420)	2200 (660)	1400 (420)	2200 (660)	1600 (480)	3025 (908)	2000 (600)	6740 (2024)	405 (122)	1540 (462)
Vitamin D, IU (mcg)	300 (7.50)	300 (7.5)	300 (7.50)	300 (7.5)	300 (7.50)	300 (7.5)	300 (7.50)	300 (7.5)	300 (7.50)	300 (7.5)	300 (7.5)	Vitamin D, IU (mcg)	300 (7.50)	300 (7.5)	300 (7.50)	300 (7.5)	300 (7.50)	325 (8.12)	300 (7.50)	1000 (25)	81 (2.02)	0
Vitamin E, IU (mg α-TE)	15 (10.1)	18 (12.1)	15 (10.1)	18 (12.1)	15 (10.1)	18 (12.1)	15 (10.1)	18 (12.1)	15 (10.1)	1												