

	Per 100 mL	Per 235 mL
<b>ENERGY</b>		
Kilojoules	628	1476
Calories	150	353
PROTEIN (g)	4.20	9.87
% of total energy	11.1%	
Source	Sodium and calcium caseinates, whey protein concentrate	
FAT (g)	7.47	17.55
Linoleic acid (g)	1.20	2.82
Linolenic acid (g)	0.13	0.31
Omega 6:Omega 3 ratio	11:1	
% of total energy	43.6%	
Source	High oleic safflower or high oleic sunflower oil, soy oil, MCT oil, monoglycerides, soy lecithin	
MCT oil (% of total fat)	19.6%	
CARBOHYDRATE (g)	18	41
% of total energy	45.3%	
Source	Corn maltodextrin, sucrose, scFOS, modified oat hull, soy polysaccharide, gum arabic, carboxymethylcellulose	
Inositol (mg)	12.0	28.2
Dietary fibre (g)	0.75	1.76
scFOS (g)	0.35	0.82

<b>VITAMINS</b>		
Vitamin A (RE/IU)	99/330	233/776
Vitamin D <sub>3</sub> (mcg/IU)	1.1/45	2.6/106
Vitamin E (IU)	2.3	5.4
Vitamin K <sub>1</sub> (mg)	0.006	0.014
Vitamin C (mg)	10.2	24.0
Thiamine (Vit B <sub>1</sub> ) (mg)	0.27	0.63
Riboflavin (Vit B <sub>2</sub> ) (mg)	0.21	0.49
Niacin (mg)	1.70	3.99
Vitamin B <sub>6</sub> (mg)	0.26	0.61
Vitamin B <sub>12</sub> (mg)	0.001	0.002
Folic acid (mg)	0.037	0.087
Pantothenic acid (mg)	1.0	2.4
Biotin (mg)	0.032	0.075
Choline (mg)	30.0	70.5

<b>MINERALS</b>		
Calcium (mg)	90	212
Phosphorus (mg)	80	188
Magnesium (mg)	24.4	57.3
Iron (mg)	1.4	3.3
Zinc (mg)	1.4	3.3
Copper (mg)	0.17	0.40
Iodine (mg)	0.01	0.023
Manganese (mg)	0.10	0.24
Selenium (mg)	0.002	0.005
Chromium (mg)	0.003	0.0071
Molybdenum (mg)	0.004	0.009
Sodium (mg)	65	153
Potassium (mg)	180	423
Chloride (mg)	122	287

<b>OSMOTIC CHARACTERISTICS</b>		
Renal solute load (mOsm/L)	375	
Osmolality (mOsm/kg water)	387	
Osmolarity (mOsm/L)	268	
Water (g/L)	775	
Cal:N Ratio	231:1	
NPC:N Ratio	205:1	

<b>FATTY ACIDS</b>		
Polyunsaturated (g)	2.05	4.82
Monounsaturated (g)	3.61	8.47
Saturated (g)	1.44	3.38
Cholesterol (mg)	2.1	4.9

<b>AMINO ACIDS (mg)</b>		
Histidine	114	268
Isoleucine	219	515
Leucine	390	917
Lysine	33	78
Tryptophan	38	89
Phenylalanine	190	447
Threonine	181	425
Valine	266	625
Methionine	105	247
Cystine	29	68
Taurine	10.8	25.4
Carnitine	2.6	6.1

**INGREDIENTS**

(MKD) Water, corn maltodextrin, high oleic sunflower oil or high oleic safflower oil, sodium caseinate, soy oil, sucrose, medium chain triglycerides (modified coconut oil and/or palm kernel oil), calcium caseinate, whey protein concentrate, potassium citrate, fructooligosaccharides, modified oat hulls, soy cotyledon fibre, natural and artificial flavour, calcium phosphate, magnesium chloride, gum arabic, potassium phosphate, mono- and diglycerides, soy lecithin, sodium citrate, sodium carboxymethyl cellulose, choline chloride, sodium chloride, ascorbic acid, taurine, m-inositol, potassium chloride, ferrous sulphate, zinc sulphate, niacinamide, L-carnitine, *dl*- $\alpha$ -tocopheryl acetate, calcium pantothenate, citric acid, cupric sulphate, thiamine hydrochloride, pyridoxine hydrochloride, riboflavin, manganese sulphate, vitamin A palmitate, folic acid, biotin, potassium iodide, sodium selenate, sodium molybdate, phyloquinone, vitamin D<sub>3</sub>, cyanocobalamin. May contain potassium hydroxide.

Values listed are subject to change. Please refer to the product label or packaging for the most current ingredient, allergen and nutrient profile information.

**PEDIASURE® PLUS (WITH FIBRE)**  
**SOLE-SOURCE NUTRITION FOR CHILDREN**  
**1 TO 10 YEARS OF AGE**

