

Composition of RCF ® Ross Carbohydrate-Free Soy Formula Base With Iron

Nutrient	RCF Concentrated Liquid (Per 100 mL)
Energy, kcal	81
Protein, g	4.0
Other Nitrogen-Containing Compounds	
Carnitine, mg	3.0
Taurine, mg	12.0
Carbohydrate, g	0.008
Fat, g	7.2
Linoleic acid, g	0.81
α -Linolenic acid, g	0.04
Minerals	
Calcium, mg	140
Chloride, mg/mEq	83/2.34
Copper, mg	0.10
Iodine, μ g	20.3
Iron, mg	2.43
Magnesium, mg	10.0
Manganese, mg	0.04
Phosphorus, mg	100
Potassium, mg/mEq	146/3.73
Selenium, μ g	2.4
Sodium, mg/mEq	59.1/2.57
Zinc, mg	1.0
Vitamins	
A, μ g RE	122
D, μ g	2.00
E, mg α -TE	1.49
K, μ g	15
Ascorbic acid, mg	11
Biotin, μ g	6.1
B ₆ , mg	0.08
B ₁₂ , μ g	0.61
Choline, mg	15.7
Folate, μ g	20
Inositol, mg	6.5
Niacin, mg/mg NE	1.8/2.8
Pantothenic acid, mg	1.00
Riboflavin, mg	0.12
Thiamin, mg	0.08
Water, g	89.0
Other Characteristics	
Approx. potential renal solute load mosm	34.8
Approx. osmolarity, mosm/L	8.0