



NEW GLUCERNA®

Clinically shown to help smooth sugar spikes.¹
Now better than ever!



NUTRIENT FACTS

Nutrient density (Cal/mL).....	0.95	Kosher.....	Yes
Protein (% Cal).....	20	Gluten-free.....	Yes
Carbohydrate (% Cal).....	47.2	Lactose-free.....	Yes
Fat (% Cal).....	32.8	Low residue.....	No

COMPARATIVE NUTRITIONAL INFORMATION

ENERGY	NEW GLUCERNA® (237 mL)	GLUCERNA® CANS (250 mL)
Kilojoules	941	961
Calories	225	230
PROTEIN (g)	11.3	11.43
% of total energy	20%	19.7
Source	Milk protein concentrate, sodium and calcium caseinates, soy protein concentrate	Sodium and calcium caseinates
FAT (g)	8.2	8.31
% of total energy	32.8%	32.2%
Source	High oleic safflower oil, canola oil, soy oil, soy lecithin	High oleic safflower oil, canola oil, soy lecithin
Polyunsaturated fatty acids (g)	2.8	1.25
Linoleic acid (g)	2.4	1.01
Linolenic acid (g)	0.41	0.14
Monounsaturated fatty acids (g)	4.6	5.13
Saturated fatty acids (g)	0.8	0.68
Omega 6: Omega 3 ratio	5.84:1	7:1
Cholesterol (mg)	6.1	<3.0
CARBOHYDRATE (g)	26.7	30.4
% of total energy	47.2%	48.1%
Source	Corn maltodextrin, glycerine, fructose, FOS	Maltodextrin, maltitol, fructose, FOS, soy polysaccharides
Dietary fibre (g)	5.6	1.9
Fructooligosaccharides (FOS) (g)	1.0	1.1
Maltitol (g)	0	6.08
Sucralose (mg)	10	0
Acesulfame-K (mg)	24	18

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COMPARATIVE NUTRITIONAL INFORMATION

VITAMINS	NEW GLUCERNA® (237 mL)	GLUCERNA® CANS (250 mL)
Vitamin A (RE/IU)	300/1000	433/1442
Vitamin D ₃ (µg/IU)	1.3/50	1.8/72
Vitamin E (mg/IU)	2.8/2.8	3.6/5.4
Vitamin C (mg)	14.0	15.0
Thiamine (mg)	0.3	0.350
Riboflavin (mg)	0.4	0.460
Niacin (mg)	6.0	7.40
Vitamin B ₆ (mg)	0.43	0.488
Vitamin B ₁₂ (mg)	0.00025	0.0005
Folic acid (mg)	0.06	0.086
Pantothenic acid (mg)	1.3	1.46
Biotin (mg)	0.035	0.041
Choline (mg)	85	105
MINERALS		
Calcium (mg)	275	305
Phosphorus (mg)	275	275
Magnesium (mg)	60	65.0
Iron (mg)	3.0	3.20
Zinc (mg)	3.9	4.10
Copper (mg)	0.5	0.50
Iodide (mg)	0.04	0.04
Manganese (mg)	1.23	1.30
Selenium (mg)	0.012	0.015
Chromium (mg)	0.014	0.015
Molybdenum (mg)	0.024	0.025
Sodium (mg)	250	265
Sodium (mmol)	10.9	11.5
Potassium (mg)	375	418
Potassium (mmol)	9.6	10.7
Chloride (mg)	272	285
Chloride (mmol)	7.66	8.0

www.Glucerna.ca

AVAILABILITY

Ready to use: 237-mL resealable plastic bottle, 6/pack

Vanilla
Chocolate

#53655848
#53656848

Strawberry
Wild Berry

#53657848
#53658848

1. J.A. Williams, J. Garcia Almeida, M. Matia Martin et al. Lack of Glycemic Response at 120 minutes post prandial with a New Diabetes Specific Nutritional Formula (Abstract). Clinical Nutrition Supplements. Sept 2009; 4(S2).LB003.