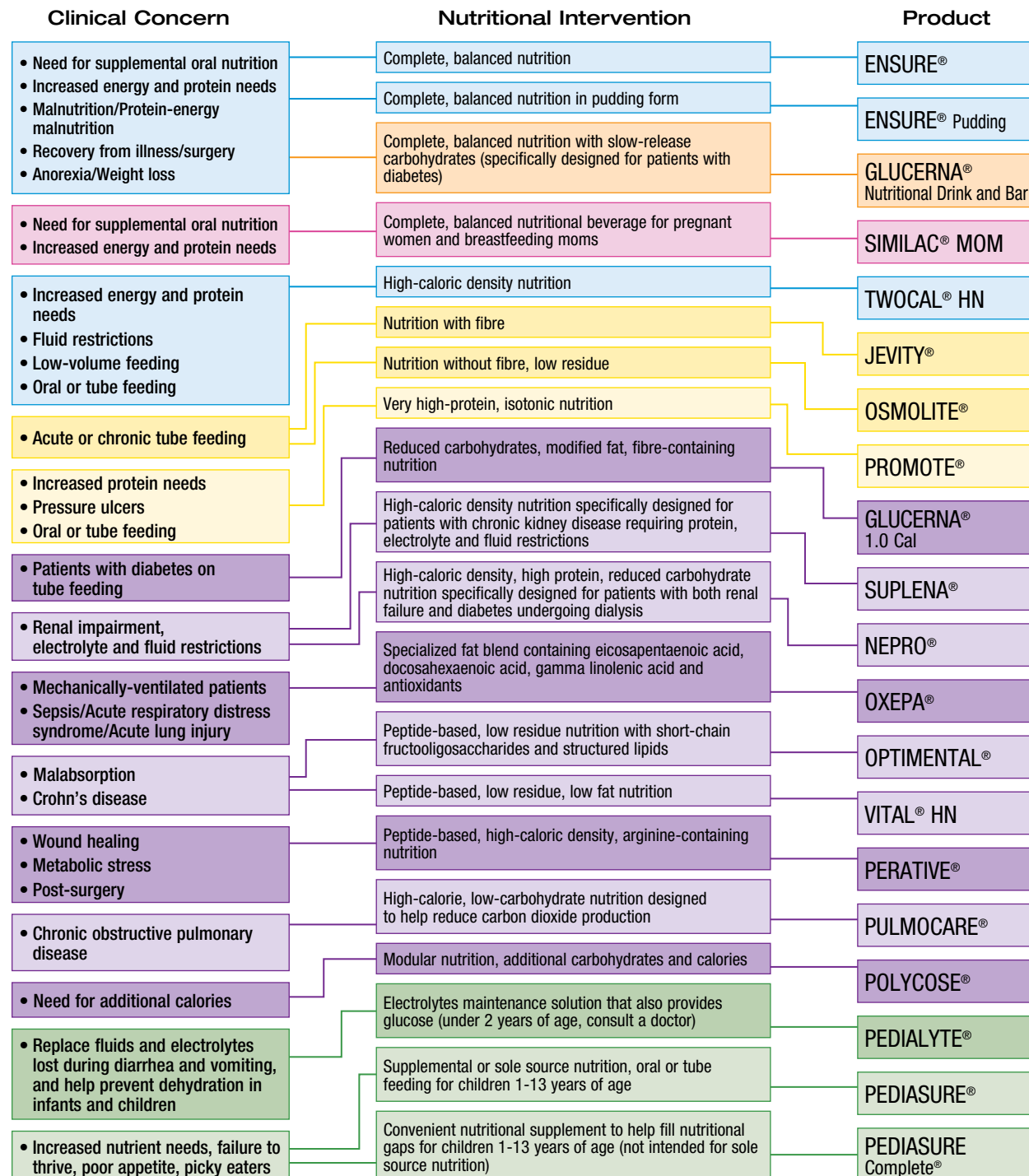


# Product Selection Guide



- Ensure®
- Glucerna®
- Jevity®
- Nepro®
- Optimental®
- Osmolite®
- Oxepa®
- Pedialyte®
- PediaSure®
- Perative®
- Polycose®
- Promote®
- Pulmocare®
- Similac® Mom
- Suplena®
- TwoCal® HN
- Vital® HN



**QUALITY FIRST**  
From a world leader in nutritional products



September 2011

## ADULT AND SELECTED PEDIATRIC NUTRITIONAL PRODUCTS SELECTION GUIDE

[www.AbbottNutrition.ca](http://www.AbbottNutrition.ca)  
1-866-767-7411

# QUALITY PRODUCTS TO BENEFIT YOUR PATIENTS

	ENERGY kcal/mL	Protein g/format	Carbohydrate g/format	Fat g/format	Fibre g/format	scFOS g/format	Sodium mg/format (mmol/format)	Potassium mg/format (mmol/format)	Osmolality mOsm/kg H <sub>2</sub> O	Water g/L	Gluten-free	Kosher	Format	Age
<b>ORAL NUTRITIONAL SUPPLEMENTS (ONS)</b>														
<b>STANDARD ONS</b>														
*														
Ensure® Regular	1.06	9.4	38.1	6.7	0	0	250 (10.9)	375 (9.6)	642	840	✓	✓	235-mL bottles	
Ensure® Fibre	1.06	9.4	38	7.8	3.4	0	250 (10.9)	375 (9.6)	342	826	✓	✓	235-mL cans	
Ensure® High Protein	0.96	12	31	6.0	0	0	290 (12.6)	428 (11)	546	837	✓	✓	235-mL bottles	
Ensure® Plus Calories	1.51	13.5	50.5	11	0	0	250 (10.9)	400 (10.3)	633	770	✓	✓	235-mL bottles	
Ensure® with scFOS	1.06	9.4	38.1	6.7	0	3.0	250 (10.9)	375 (9.62)	650	817	✓	✓	235-mL bottles	
Ensure® Pudding	1.5 kcal/g	4	30	5	0	3	85 (3.7)	110 (2.8)	1150	83.3 g/cup	✓	✓	113-g cups	
TwoCal® HN	2.0	20	53	21	0	1.97	343 (15)	576 (15)	690	690	✓	✓	235-mL cans	
	2.0	83.5	218.5	90.5	0	5.0	1450 (63)	2440 (62.6)	725	700	✓	✓	1000-mL RTH containers	
<b>ONS FOR PEOPLE WITH DIABETES</b>														
*														
Glucerna® Bar	3.7 kcal/g	6	25	4.5	2	0.86	80 (3.5)	288 (7.4)	NA	NA	✓**	✓	41-g bars	
Glucerna® Nutritional Drink	0.95	11.3	26.7	8.2	5.6	1.0	250 (10.9)	375 (9.6)	651	849	✓	✓	237-mL bottles	
<b>ONS FOR PREGNANT WOMEN &amp; BREASTFEEDING MOMS</b>														
*														
Similac® Mom	0.96	12	31	6.0	0	0	290 (12.6)	428 (11)	546	837	✓	✓	235-mL bottles	
<b>STANDARD TUBE FEEDING</b>														
*														
Jevity® 1 Cal	1.06	10.4	35.7	8.4	3.3	0	174 (7.56)	291 (7.46)	310	831	✓	✓	235-mL cans	
	1.06	66.4	231.9	52.1	21.6	0	1400 (61)	2360 (60.5)	300	829	✓	✓	1500-mL RTH containers	
Jevity® 1.2 Cal	1.2	13.0	40.6	9.2	2.8	2.4	317 (14)	435 (11)	450	803	‡	✓	235-mL cans	
	1.2	55.5	169.4	39.3	7.3	8	1350 (59)	1850 (47)	450	807	‡	✓	1000-mL RTH containers	
	1.2	83.3	254.0	59.0	11.0	12	2030 (88)	2780 (71)	450	807	‡	✓	1500-mL RTH containers	
Jevity® 1.5 Cal	1.5	15.0	50.7	11.7	2.1	2.4	329 (14.3)	505 (12.9)	525	760	‡	✓	235-mL cans	
	1.5	63.8	215.7	49.8	8.9	10	1400 (60.9)	2150 (55.1)	525	760	‡	✓	1000-mL RTH containers	
	1.5	95.7	323.6	74.7	13.3	15	2100 (91.3)	3225 (82.7)	525	760	‡	✓	1500-mL RTH containers	
Osmolite® 1 Cal	1.06	10.4	33	8.4	0	0	181 (7.87)	310 (7.95)	300	842	✓	✓	235-mL cans	
	1.06	66.4	215.7	52.1	0	0	1395 (61)	2355 (60)	300	840	✓	✓	1500-mL RTH containers	
Osmolite® 1.2 Cal	1.2	13.0	37	9.2	0	0	317 (13.78)	425 (11)	360	799	✓	✓	235-mL cans	
	1.2	83.3	236.1	59.0	0	0	2010 (87.4)	2710 (69.5)	360	820	✓	✓	1500-mL RTH containers	
Promote®	1.0	14.8	30.2	6.1	0	0	210 (9.1)	419 (10.7)	330	830	✓	✓	235-mL cans	
	1.0	62.5	130.0	26.0	0	0	1000 (43)	1980 (51)	340	839	✓	✓	1000-mL RTH containers	
<b>SPECIALIZED</b>														
*														
Glucerna 1.0 Cal (for tube feeding)	1.0	9.9	23	13	3.4	0	196 (8.5)	329 (8)	375	839	✓	✓	235-mL cans	
	1.0	41.8	95.6	54.4	14.4	0	930 (40)	1570 (40)	355	853	✓	✓	1000-mL RTH containers	
Nepro®	1.8	19.1	37.9	22.7	0.99	1.99	250 (10.9)	250 (6.41)	745	727	✓	✓	237-mL bottles	
	1.8	81	161	96	4.2	8.4	1060 (46.1)	1060 (27.2)	745	727	✓	✓	1000-mL RTH containers	
Optimental®	1.0	12.2 (includes 0.85 g arginine)	32.9	6.7	0	1.2	265 (11.5)	405 (10.4)	585	831	✓		237-mL cans	
Oxepa®	1.5	14.8	25	22.2	0	0	310 (13.5)	465 (11.9)	535	785	✓		237-mL cans	
	1.5	62.7	105.3	93.8	0	0	1310 (57.0)	1960 (50.1)	535	785	✓		1000-mL RTH containers	
Perative®	1.3	15.8 (includes 1.91 g arginine)	42.0	8.8	0	0	250 (11)	410 (10.5)	385	789	✓	✓	237-mL cans	
	1.3	66.6 (includes 8.05 g arginine)	177.2	37.4	0	0	1040 (45)	1730 (44)	385	789	✓	✓	1000-mL RTH containers	
Polycose® (*per 100 g)	3.8 kcal/g	0†	94†	0†	0†	0†	<130 (<5.7)†	<10 (<0.3)†	NA†	NA	✓	✓	350-g cans	
Pulmocare®	1.5	15	25	22	0	0	246 (11)	358 (9)	465	791	✓	✓	235-mL cans	
Suplena®	2.0	7.0	60	23	0	0	183 (8.0)	263 (7)	600	700	✓	✓	235-mL cans	
Vital® HN	1.0	12.5	55.4	3.3	0	0	170 (7.4)	420 (10.7)	500 (standard dilution)	867 (standard dilution)	✓		79-g packets	
<b>PEDIATRIC</b>														
Pedialyte®	0.10	0	1.5	0	0	0	61.1 (2.7)	46.0 (1.2)	250	975	✓	✓	59-mL HFS plastic bottles	Under 2 years, consult a doctor
	0.10	0	1.6	0	0	0	64.4 (2.8)	50.7 (1.3)	250	975	✓	✓	62.5-mL freezer pops	
	0.10	0	25	0	0	0	1035 (45)	780 (20)	250	975	✓	✓	1000-mL plastic bottles	
PediaSure®	1.0	7.1	26	11.7	0	0	87 (3.8)	306 (7.8)	310	854	✓	✓	235-mL cans	1-13 years
PediaSure Complete®	1.0	9.3	33.0	7.7	0	1.0	90 (3.9)	450 (11.5)	600	830	✓	✓	235-mL bottles	1-13 years
PediaSure® Fibre	1.0	7.1	26	11.7	1.1	0	87 (3.8)	306 (7.8)	345	854	✓	✓	235-mL cans	1-13 years
PediaSure® Plus	1.5	9.87	41	17.55	1.76	0.82	153 (6.7)	423 (10.8)	387	775	‡	✓	235-mL cans	1-13 years

RTH = Ready-to-Hang HFS = hospital feeding system scFOS = short-chain fructooligosaccharides HN = high nitrogen NA = not applicable

\* Not intended for use in children unless recommended by a physician or qualified health care professional. \*\* Manufactured in a facility that processes wheat. ‡ Contains oat fibre