

PROMOTE®

VERY HIGH-PROTEIN LIQUID NUTRITION



USAGE

PROMOTE® is a very high-protein liquid formula for people who may have increased protein needs relative to their estimated calorie requirements. **PROMOTE®** can be used as an oral supplement or for sole-source feeding.

- For people with pressure ulcers
- For people with or at risk for protein-energy malnutrition (PEM)
- For chronically ill, inactive, or nonambulatory people
- For supplemental or as a sole source of nutrition
- For oral or tube feeding

FEATURES

- Complete, balanced nutrition
- High in protein
- Lactose- and gluten-free
- Vanilla flavour

NUTRIENT FACTS

Nutrient density (Cal/mL)	1.0	
Protein (% Cal)	25	
Carbohydrate (% Cal)	52	
Fat (% Cal)	23	
Total Cal/g nitrogen	100:1	
Nonprotein Cal/g nitrogen	75:1	
Water (g/L)	839(RTH)	830(can)
Kosher	Yes	
Gluten-free	Yes	
Lactose-free	Yes	
Low residue	Yes	
Osmolality (mOsm/kg water)	330	
Min. tube size for gravity/ pump feeding (Fr)	10/8	
Renal solute load (mOsm/L)	476	

AVAILABILITY

Ready to Use:

235-mL cans, 24/case: Vanilla #0M170-793

Ross Ready-to-Hang®:

1000-mL prefilled containers, 8/case Vanilla #51616-803

	Per 100 mL (Can)	Per 235 mL (Can)	Per 1000 mL (Ready-to-Hang)
ENERGY			
Kilojoules	418	984	4180
Calories	100	235	1000
PROTEIN (g)	6.3	14.8	62.5
% of total energy	25%		
Source	Sodium and calcium caseinates, soy protein isolate		
FAT (g)	2.6	6.1	26
Polyunsaturated fatty acids (g)	0.40	0.94	4.0
Monounsaturated fatty acids (g)	1.44	3.38	14.4
Saturated fatty acids (g)	0.63	1.48	6.3
Omega 6:Omega 3 ratio	5.7:1	5.7:1	9.9:1
Cholesterol (mg)	< 1.5	< 3.6	<15
MCT oil	19%		
Linoleic acid (g)	0.32	0.75	11.9
% of total energy	23%		
Source	Safflower oil, canola oil, MCT oil, soy lecithin		
CARBOHYDRATE (g)	12.9	30.2	130
% of total energy	52%		
Source	Maltodextrin and sucrose		
Dietary fibre (g)	0	0	0

VITAMINS			
Vitamin A (RE/IU)	105/350	247/823	2175/7250
Vitamin D ₃ (µg/IU)	0.6/24	1.41/56.4	10/400
Vitamin E (mg/IU)	2.9/3.9	6.8/9.2	33/45
Vitamin K ₁ (mg)	0.0055	0.013	0.080
Vitamin C (mg)	34	80	345
Thiamine (mg)	0.23	0.53	2.3
Riboflavin (mg)	0.26	0.6	2.6
Niacin (mg)	3	7.1	30
Vitamin B ₆ (mg)	0.3	0.71	3
Vitamin B ₁₂ (mg)	0.0009	0.0021	0.009
Folic acid (mg)	0.06	0.14	0.6
Pantothenic acid (mg)	1.5	3.5	15
Biotin (mg)	0.045	0.11	0.45
Choline (mg)	48.5	114	600

MINERALS			
Calcium (mg)	120	282	1200
Phosphorus (mg)	120	282	1200
Magnesium (mg)	40	94	400
Iron (mg)	1.8	4.2	18
Zinc (mg)	2.4	5.7	24
Copper (mg)	0.2	0.47	2
Iodine (mg)	0.015	0.035	0.15
Manganese (mg)	0.5	1.18	5
Selenium (mg)	0.007	0.016	0.07
Chromium (mg)	0.010	0.024	0.12
Molybdenum (mg)	0.015	0.035	0.15
Sodium (mg)	89	210	1000
Sodium (mmol)	3.9	9.1	43
Potassium (mg)	178	419	1980
Potassium (mmol)	4.6	10.7	51
Chloride (mg)	113	266	1260
Chloride (mmol)	3.2	7.5	36
Taurine (mg)	15.6	36.7	150
L-carnitine (mg)	15.2	35.7	150

INGREDIENTS

Ready-to-Hang: Ⓢ-D Water, corn maltodextrin, sodium and calcium caseinates, sugar (sucrose), safflower oil, soy oil, medium chain triglycerides, soy protein isolate, magnesium phosphate, natural and artificial flavours, sodium citrate, potassium chloride, calcium citrate, potassium citrate, soy lecithin, ascorbic acid, choline chloride, calcium carbonate, potassium phosphate, calcium phosphate, carrageenan, taurine, L-carnitine, zinc sulphate, ferrous sulphate, *d*- α -tocopheryl acetate, niacinamide, calcium pantothenate, manganese sulphate, cupric sulphate, thiamine chloride hydrochloride, pyridoxine hydrochloride, beta-carotene, riboflavin, vitamin A palmitate, folic acid, biotin, chromium chloride, sodium molybdate, potassium iodide, sodium selenate, phyloquinone, cyanocobalamin, vitamin D₃.

CAN: (MKD) Water, corn maltodextrin, sodium caseinate, calcium caseinate, sucrose, high oleic safflower oil, canola oil, medium chain triglycerides (modified coconut and/or palm kernel oil), soy protein isolate, magnesium phosphate dibasic, natural and artificial flavour, sodium citrate, potassium chloride, calcium citrate, potassium citrate, soy lecithin, ascorbic acid, choline chloride, calcium carbonate, potassium phosphate dibasic, calcium phosphate dibasic, carrageenan, taurine, L-carnitine, zinc sulphate, ferrous sulphate, *d*- α -tocopheryl acetate, niacinamide, calcium pantothenate, citric acid, manganese sulphate, cupric sulphate, thiamine chloride hydrochloride, pyridoxine hydrochloride, riboflavin, vitamin A palmitate, folic acid, biotin, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, phyloquinone, cyanocobalamin, vitamin D₃. **May contain potassium hydroxide.**

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