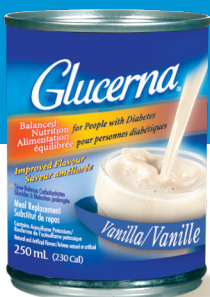


GLUCERNA® NUTRITIONAL DRINK

BALANCED MEAL REPLACEMENT WITH FIBRE

For people with diabetes



USAGE

GLUCERNA® NUTRITIONAL DRINK is a great-tasting drink specifically designed for people with diabetes. **GLUCERNA® NUTRITIONAL DRINK** has been clinically shown to provide more consistent blood glucose levels compared to a standard nutritional drink.¹

FEATURES

- Healthy and convenient solution for a balanced diet
- For use as a snack or meal replacement in conjunction with the prescribed diet in people with diabetes
- Contains a unique blend of slow-release carbohydrates, clinically shown to deliver more consistent blood glucose levels compared to a standard nutritional drink¹
- Contains 1.9 g of dietary fibre and 1.13 g of FOS per 250-mL serving. To learn more about FOS, see product guide introduction
- Fat blend is high in monounsaturated fatty acids
- Low glycemic index
- For oral use only – not for tube feeding

NUTRIENT FACTS

Nutrient density (Cal/mL)	0.92
Protein (% Cal)	20
Carbohydrate (% Cal)	47
Fat (% Cal)	33
Total Cal/g nitrogen	127:1
Nonprotein Cal/g nitrogen	102:1
Water (g/L)	853
Kosher	Yes
Gluten-free	Yes
Lactose-free	Yes
Osmolality (mOsm/kg water)	486
Renal solute load (mOsm/L)	382

AVAILABILITY

Ready to Use:

250-mL cans, 12/case:

Vanilla #OM727-525

REFERENCE:

1. Fix BM, Lowe W, Cockram DB, Craig LD. Effect of a liquid nutritional supplement containing a novel carbohydrate system on glucose tolerance in subjects with type 2 diabetes. *Ann Nutr Metab* 2001;45(suppl 1):277.

	Per 100 mL	Per 250 mL
ENERGY		
Kilojoules	384	961
Calories	92	230
PROTEIN (g)	4.57	11.43
% of total energy	19.7%	
Source	Sodium and calcium caseinates	
FAT (g)	3.32	8.31
Polyunsaturated fatty acids (g)	0.50	1.25
Monounsaturated fatty acids (g)	2.05	5.13
Saturated fatty acids (g)	0.27	0.68
Cholesterol (mg)	< 1.2	< 3.0
Omega 6:Omega 3 ratio	7:1	
Linoleic acid (g)	0.40	1.01
% of total energy	32.2%	
Source	High oleic safflower oil, canola oil, soy lecithin	
CARBOHYDRATE (g)	12.16	30.41
Dietary fibre (g)	0.76	1.90
Acesulfame-potassium (mg)	7.2	18
FOS (g)	0.45	1.13
Maltitol (g)	2.43	6.08
% of total energy	48.1%	
Source	Corn maltodextrin, maltitol, fructose, FOS, soy polysaccharides	

VITAMINS		
Vitamin A (RE/IU)	173/577	433/1442
Vitamin D ₃ (µg/IU)	0.7/29	1.8/72
Vitamin E (mg/IU)	1.5/2.2	3.6/5.4
Vitamin C (mg)	6.0	15.0
Thiamine (mg)	0.140	0.350
Riboflavin (mg)	0.184	0.460
Niacin (mg)	2.96	7.40
Vitamin B ₆ (mg)	0.195	0.488
Folic acid (mg)	0.034	0.086
Vitamin B ₁₂ (mg)	0.0002	0.0005
Pantothenic acid (mg)	0.584	1.460
Biotin (mg)	0.016	0.041
Choline (mg)	42.0	105.0

MINERALS		
Calcium (mg)	122	305
Phosphorus (mg)	110	275
Magnesium (mg)	26.0	65.0
Iron (mg)	1.28	3.20
Zinc (mg)	1.64	4.10
Copper (mg)	0.200	0.500
Iodide (mg)	0.016	0.040
Manganese (mg)	0.520	1.30
Selenium (mg)	0.006	0.015
Chromium (mg)	0.006	0.015
Molybdenum (mg)	0.010	0.025
Sodium (mg)	106	265
Sodium (mmol)	4.6	11.5
Potassium (mg)	167	418
Potassium (mmol)	4.3	10.7
Chloride (mg)	114	285
Chloride (mmol)	3.2	8.0
M-inositol (mg)	84	210

INGREDIENTS

(MKD) Water, corn maltodextrin, sodium caseinate, maltitol, fructose, high oleic safflower oil, calcium caseinate, canola oil, soy polysaccharide, fructooligosaccharides, calcium phosphate, sodium citrate, potassium citrate, soy lecithin, magnesium chloride, potassium phosphate, m-inositol, potassium chloride, sodium hexametaphosphate, choline chloride, calcium carbonate, ascorbic acid, gellan gum, acesulfame-K, zinc sulphate, ferrous sulphate, niacinamide, *D*- α -tocopheryl acetate, manganese sulphate, cupric sulphate, calcium pantothenate, vitamin A palmitate, pyridoxine hydrochloride, thiamine hydrochloride, riboflavin, folic acid, potassium iodide, sodium molybdate, biotin, cyanocobalamin, sodium selenate, vitamin D₃. **May contain potassium hydroxide.**

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